

Homeopathic First Aid Remedies for Animals



Apis Mellifica
(Honey Bee)

Arnica Montana
(Mountain Daisy)

Calendula Officinalis
(Pot marigold)

Hypericum perf.
(St. John's Wort)

Ledum Paulstre
(Labrador Tea)

Rhus tox.
(Poison Ivy)

Ruta Graveolens
(Rue)

| <u>Common Name</u> | <u>Indications</u> | <u>Symptoms</u> | <u>Dosage 30C</u> |
|--------------------|---|---|--|
| Apis | ANAPHYLAXIS: REACTIONS & SHOCK Bee stings, insect bites, hives, jellyfish stings, stinging nettle rash. | Swelling, itching, redness. Pains stinging and burning. Puffy swelling: eyes, throat, tongue, face. Thirstlessness. Better: cold compresses, open air. Worse: heat, touch and pressure. | 30C-every 20 minutes to 3 hours up to 5 doses/day. |
| Arnica | Give immediately: ANY INJURY or ACCIDENT. Bruising to soft tissues, muscles, SHOCK, falls, head injuries, contused wounds. | Soreness & bruised feeling, SHOCK, bleeding caused by an injury, fall, blow to the body. Muscle soreness from over exertion, bruising. In early sprains, to promote healing. Has an analgesic and antibacterial effect. | Same as above. |
| Calendula | Abrasions, scratches, burns, superficial wounds, surgical or incised wounds. Lotion. | Skin irritation or injury requiring a soothing lotion or cleansing. Protects skin and promotes healing, prevents infection and scar tissue. | Topical lotion: 10 drops of the mother tincture in 8oz water to clean wounds. |
| Hypericum | NERVE END INJURIES: crushed fingertips, tail-bone injuries. Punctured, incised or lacerated wounds. Severe concussions of the brain or spine. Injuries to nerve-rich areas. | Pains shooting up the limb or pains shooting centrally in the limb. In spinal injury, pain moves up and down the spine. Worse: touch, cold, dampness, fog. Better: bending head back. | 30C-every 20 minutes to 3 hours up to 5 doses/day. |
| Ledum | PUNCTURE WOUNDS from sharp objects: bee/mosquito stings, animal bites/scratches, Give before and after vaccinations. | Injured area is cold and numb, relieved by cold. Worse: night, warm compresses and heat of bed. | Same as above. |
| Rhus tox. | SPRAINS, STRAINS of joints, muscles, tendons or tears of connective tissues. Skin: blistering, itching, burning. Hives. Shingles. | Painful when beginning to move, better after continued motion, heat, hot showers. Thirsty, restless. Worse: cold, damp, rainy weather. | Same as above. |
| Ruta | SPRAINS close to the bone, periosteum or involving tendons or ligaments and WAS NOT helped by Rhus tox. Bone bruises, shin splints | Sprains. Continued weakness to joint, ligament or tendon after injury heals. Better: slow, steady movement. Worse: cold, lying down, wet weather, being at rest. | Same as above. |